

Emotional Intelligence



I am Thankful for (week challenge)

- 1) What you will need: Week Planner and crayons
- 2) Discuss, with your child, the different things around them that they are very thankful for.
- 3) Then, for a week, let them draw the thing that they are most grateful for on that day- talk about what it is and why it is so special to them.



Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7