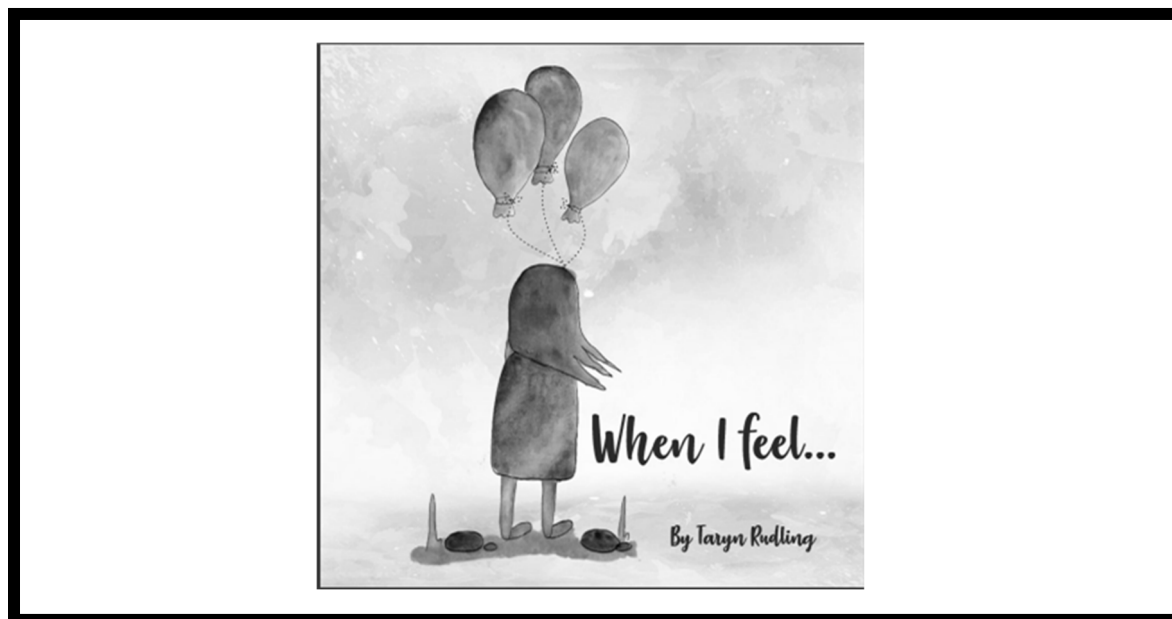


Emotional Intelligence



When I feel...

- 1) What you will need: When I feel... (book link)
https://issuu.com/jaccirdesign/docs/when_i_feel and Feeling cards
- 2) Work through the book with your child- let them use the feeling cards to see if they can identify which card corresponds with the mentioned emotion.
- 3) You can also ask:
 - How do you feel when you are?
 - What makes you feel like this?